

Monday, May 3rd Sallisbury Steak w/ Gravy Mashed Potato Green bean Dinner Roll/Margarine Sherbet Low Fat Milk	Tuesday, May 4th Lasagna Country Blend Veg Pears Bread/Margarine Cookie Low Fat Milk	Wednesday, May 5th Chicken Chow Mein Rice Pilaf Oriental Blend Veg Mandarin Oranges Low Fat Milk	Thursday, May 6th BBQ Pork Bun Coleslaw Cheesy Oven Hashbrown Jello w/ whip topping Low Fat Milk	Friday, May 7th
Monday, May 10th Pork Loin Candi Yam Broccoli Bread/Margarine Bar Low Fat Milk	Tuesday, May 11th Ham Scalloped Potato Peas Bread/Margarine Cinnamon Apples Low Fat Milk	Wednesday, May 12th Taco Salad Salsa & Sour Cream Spanish Rice, Corn Chips Tom, Lettuce, Cheese Cookie Low Fat Milk	Thursday, May 13th Spaghetti Lettuce Salad w/dressing Pineapple Breadstick Low Fat Milk	Friday, May 14th
Monday, May 17th Chick Wildrice Hotdish Mixed Vegetables Applesauce Cookie Low Fat Milk	Tuesday, May 18th Vegetable Soup/crackers 1/2 Meat sandwich Tomato & Cucumber Salad Brownie Low Fat Milk	Wednesday, May 19th Chicken Ala king Biscuit Carrots Pears Low Fat Milk	Thursday, May 20th Tater Tot Casserole Green Beans Bread/Margarine Peaches Low Fat Milk	Friday, May 21st
Monday, May 24th Baked Chicken Au Gratin Potatoes Peas Dinner roll/Margarine Bar Low Fat Milk	Tuesday, May 25th Goulash Broccoli Tropical Fruit Bread/Margarine Low Fat Milk	Wednesday, May 26th Chef Salad Crackers Creamy Fruit Salad Cake w/frosting Low Fat Milk	Thursday, May 27th Swedish Meatballs Mashed Potatoes Carrots Bread/Margarine Jello w/ whip topping Low Fat Milk	Friday, May 28th
Monday, May 31st Closed / No Meals				

Meals on Wheels
 Dethlefs Community Center
 320.796.5208



McKale's Catering of New London

This service is funded in part by a contract from the Area Agency on Aging with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, a older adult contributions. Approved by: Vanessa Berg MS LD CDE. Posted menu is regular diet. Diabetic, sodium, a fat restricted diets available upon request. Regular menu provides average of 700-800 calories.